



**Tamarack Health WhistleStop 10k/5k**  
**In-Person SATURDAY, OCTOBER 12, 2024 - 8:00 AM**  
**REGISTRATION CLOSES October 4, 2024 NO RACE DAY REGISTRATION**

**\*REGISTRATION FEE:**

\$40 + 5.5% tax = \$42.20 if postmarked by 04/26/24

\$45 + 5.5% tax = \$47.47 if postmarked between 4/27/24-7/05/24

\$50 + 5.5% tax = \$52.75 postmarked 7/06/24 until registration closes 10/04/24

**Packet Pickup: October 11, 12noon – 9pm or on October 12, 6-7:15am in the festival tent**

**Race Start & Finish: 8:00am** race start. Finish line at the Bay Area Civic Center.

**Transportation:** Bus transport to start line of both races. Bus pick-up at the west-side of the Bay Area Civic Center on 4<sup>th</sup> Ave West and 3<sup>rd</sup> St. **7am (Last Bus is 7:30am). No parking available at start lines. Drop off only**

**Awards:** Presented immediately following the race (**approximately 10:30am**) in the festival tent. Trophies will be presented to the 1<sup>st</sup> place female and 1<sup>st</sup> place male winners of the 5 & 10 K and medals to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place age categories 0-9, 10-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80+.

No strollers, baby joggers or animals allowed on the race course during the race.



**First Name** \_\_\_\_\_ **Last Name** \_\_\_\_\_

**Street** \_\_\_\_\_ **City** \_\_\_\_\_ **State** \_\_\_\_\_ **ZIP** \_\_\_\_\_

**Telephone** \_\_\_\_\_ **Email** \_\_\_\_\_

**Age** \_\_\_\_\_ (on race day 10/12/24) **Date of Birth** \_\_\_\_\_ **Gender** \_\_\_\_\_

**SHIRT SIZE (Unisex ADULT SIZES): XS S M L XL XXL**

**CIRCLE ONE: 10K 5K**

Do you have any medical conditions about which we should be aware? Please specify \_\_\_\_\_

**Athlete’s Waiver:** Warning: Participating in the Memorial Medical Center 5K/10K can be a serious threat to health of individuals who are not in excellent physical condition. For, and in consideration of, my participation in the WhistleStop Marathon & Half Marathon, I myself, my executors, administration, heirs, and assignees do hereby release and discharge the Tri-County Corridor Commission, Town of Pilsen, Tri-Lakes Timbers Campground, Township of Iron River, Chequamegon National Forest, Ashland County, Bayfield County, City of Ashland, Ashland Chamber of Commerce and all sponsors, agencies, subsidiaries, affiliates and beneficiaries jointly and severally and hold and waive harmless from and against any and all actions, claims, injuries, demands, liabilities, loss damage or expenses or whatever kind and nature including, but not to limited to, attorney fees which at any time may be incurred by reason of my participation in or my preparation for any of the afore said events. I attest and verify that I have full knowledge of the risks involved in this event and I am physically fit and sufficiently trained to participate. If however, as a result of my participation in Tamarack Health WhistleStop 5k/10K, I require medical attention, I hereby give my consent to authorized medical personnel of WhistleStop Marathon/Half-Marathon/5K/10K to provide such medical care as it is deemed necessary by such authorized personnel. The undersigned grant full permission to any and all foregoing use to his/her likeness, including photographs and videotape for publicity and advertising purposes without compensation.

**Signature:** \_\_\_\_\_

**Parents Signature (if under 18):** \_\_\_\_\_

Make checks payable to **WhistleStop** and mail to: **WhistleStop, PO Box 746, Ashland, WI 54806.**

Entry fees are not refundable