



Memorial Medical Center WhistleStop 10k/5k

In-Person SATURDAY, OCTOBER 14, 2023 - 8:00 AM

REGISTRATION CLOSES October 6, 2023

NO RACE DAY REGISTRATION

***REGISTRATION FEE:**

\$40 + 5.5% tax = \$42.20 if postmarked by 04/29/23

\$45 + 5.5% tax = \$47.47 if postmarked between 4/30/23-7/06/23

\$50 + 5.5% tax = \$52.75 postmarked 7/07/23 until registration closes 10/06/23

Packet Pickup: October 13, 12noon – 9pm or on Saturday beginning at 6-7:15am at the Bretting Community Center/Ashland

Race Start & Finish: **8:00 AM** race start. Finish line at the Bay Area Civic Center. Snacks & Finisher Medals!

Transportation: Bus transport to start line of both races. Bus pick-up at the west-side of the Bay Area Civic Center on 4th Ave West and 3rd St. **7am (Last Bus is 7:30am). No parking available at start lines. Drop off only**

Awards: Presented immediately following the race (**approximately 10:30am**) in the festival tent. Trophies will be presented to the 1st place female and 1st place male winners of the 5 & 10 K and medals to 1st, 2nd and 3rd place age categories 0-9, 10-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80+.

No strollers, baby joggers or animals allowed on the race course during the race.

First Name _____ **Last Name** _____

Street _____ **City** _____ **State** _____ **ZIP** _____

Telephone _____ **Email** _____

Age ____ (on race day 10/14/23) **Date of Birth** _____ **Gender** _____

SHIRT SIZE (Unisex ADULT SIZES): XS S M L XL XXL

CIRCLE ONE: 10K 5K

Do you have any medical conditions about which we should be aware? Please specify _____

Athlete’s Waiver: Warning: Participating in the Memorial Medical Center 5K/10K can be a serious threat to health of individuals who are not in excellent physical condition. For, and in consideration of, my participation in the WhistleStop Marathon & Half Marathon, I myself, my executors, administration, heirs, and assignees do hereby release and discharge the Tri-County Corridor Commission, Town of Pilsen, Tri-Lakes Timbers Campground, Township of Iron River, Chequamegon National Forest, Ashland County, Bayfield County, City of Ashland, Ashland Chamber of Commerce and all sponsors, agencies, subsidiaries, affiliates and beneficiaries jointly and severally and hold and waive harmless from and against any and all actions, claims, injuries, demands, liabilities, loss damage or expenses or whatever kind and nature including, but not to limited to, attorney fees which at any time may be incurred by reason of my participation in or my preparation for any of the afore said events. I attest and verify that I have full knowledge of the risks involved in this event and I am physically fit and sufficiently trained to participate. If however, as a result of my participation in Memorial Medical Center WhistleStop 5k/10K, I require medical attention, I hereby give my consent to authorized medical personnel of WhistleStop Marathon/Half-Marathon/5K/10K to provide such medical care as it is deemed necessary by such authorized personnel. The undersigned grant full permission to any and all foregoing use to his/her likeness, including photographs and videotape for publicity and advertising purposes without compensation.

Signature: _____

Parents Signature (if under 18): _____

Make checks payable to **WhistleStop** and mail to: **WhistleStop, PO Box 746, Ashland, WI 54806.**

Entry fees are not refundable